



## FOLLICLE- STIMULATING HORMONE (FSH)

### **About This Test**

Follicle-stimulating hormone (FSH) is essential for reproductive function. Testing FSH levels help diagnose infertility, menopause, or hormonal disorders in both men and women.

This test can be ordered to evaluate fertility, assess ovarian function, or investigate symptoms such as irregular menstruation or hot flashes.

### **What Should I Do With My Results?**

It is always recommended that you meet with a doctor to determine what your laboratory test results mean to you. Your doctor will review all of your test results and, combined with your health history, will be able to provide an accurate picture of your health status.

Low levels of FSH in the blood may indicate infertility, ovarian failure, or hormone deficiencies.

High levels could suggest menopause, polycystic ovary syndrome (PCOS), or pituitary gland dysfunction.

### **How Do I Obtain My Results?**

Results are available through our online patient portal, My Labs Now<sup>SM</sup>. Visit [www.compunetlab.com](http://www.compunetlab.com) to sign in or setup an account. Or text MYLABS to 66349. Follow The signup link in the text message you receive. Please be sure your name exactly matches the name on your lab test order. Contact [help@luminathealth.com](mailto:help@luminathealth.com) if you need assistance. CompuNet is unable to provide verbal results to patients.

### **I Do Not Have a Regular Doctor. Where Can I Find One?**

If you do not have a doctor, we recommend the following resources to locate one:

**Premier Health Find a Doctor**  
(937) 684-4155 or 1-855-PREMIER  
[www.premierhealth.com/findadoc](http://www.premierhealth.com/findadoc)

**WebMD Care**  
[www.doctor.webmd.com](http://www.doctor.webmd.com)

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CompuNet DIRECT is direct access, preventative testing intended for education purposes. A CompuNet DIRECT lab test result is not a medical diagnosis and is not intended as a form of medical advice. Only a physician can interpret lab test results and diagnose a medical condition or disease.

Because tests have not been ordered by a physician, third-party entities, including Medicare and Medicaid, will not reimburse for these tests.