



MAGNESIUM

About This Test

Magnesium is an essential mineral involved in various bodily functions, including muscle and nerve function, blood sugar regulation, and bone health. Testing its levels helps diagnose magnesium deficiency or monitor treatment.

This test can be ordered to evaluate symptoms like muscle cramps, weakness, or abnormal heart rhythms, or to monitor treatment for magnesium deficiency or excess.

What Should I Do With My Results?

It is always recommended that you meet with a doctor to determine what your laboratory test results mean to you. Your doctor will review all of your test results and, combined with your health history, will be able to provide an accurate picture of your health status.

Low levels of magnesium in blood may lead to symptoms like muscle cramps, weakness, or irregular heart rhythms.

High levels of magnesium in blood are rare but could indicate kidney dysfunction or excessive magnesium intake.

How Do I Obtain My Results?

Results are available through our online patient portal, My Labs NowSM. Visit www.compunetlab.com to sign in or setup an account. Or text MYLABS to 66349. Follow The signup link in the text message you receive. Please be sure your name exactly matches the name on your lab test order. Contact help@luminatehealth.com if you need assistance. CompuNet is unable to provide verbal results to patients.

I Do Not Have a Regular Doctor. Where Can I Find One?

If you do not have a doctor, we recommend the following resources to locate one:

Premier Health Find a Doctor
(937) 684-4155 or 1-855-PREMIER
www.premierhealth.com/findadoc

WebMD Care
www.doctor.webmd.com

CompuNet DIRECT is direct access, preventative testing intended for education purposes. A CompuNet DIRECT lab test result is not a medical diagnosis and is not intended as a form of medical advice. Only a physician can interpret lab test results and diagnose a medical condition or disease.

Because tests have not been ordered by a physician, third-party entities, including Medicare and Medicaid, will not reimburse for these tests.