



## PROTHROMBIN TIME WITH INR

### About This Test

Prothrombin Time and International Normalized Ratio is also known as PT/INR. A PT test is used to help detect and diagnose a bleeding disorder, excessive clotting disorder, or to monitor certain medications.

The INR is calculated from a PT result and is used to determine how well blood-thinning medication, like warfarin (Coumadin®), is working. The INR calculation adjusts for changes in reagents and test methodologies so that results are comparable from different testing laboratories.

### What Should I Do With My Results?

**Normal Results:** A PT/INR test has a normal reference range of PT 11.7-13.9 seconds and an INR of 0.9-1.1. If you are taking a blood thinner such as Coumadin®, there is a therapeutic range of INR 2.0-3.0 for conventional anticoagulation or an INR 2.5-3.5 for more intensive anticoagulation. Your medical provider will know your target INR.

**Abnormal Results:** If your INR is greater than >8.0 this is critical and could lead to excessive bleeding. You should contact a physician as soon as possible to discuss an abnormal INR result.

### Test Information

CompuNet's PT/INR test is performed by mechanical clot detection. Mechanical clot detection virtually eliminates any specimen color interferences.

### How Do I Obtain My Results?

Results are available through our online patient portal, My Labs Now<sup>SM</sup>. Visit [www.compunetlab.com](http://www.compunetlab.com) to sign in or setup an account. Or text MYLABS to 66349. Follow The signup link in the text message you receive. Please be sure your name exactly matches the name on your lab test order. Contact [help@luminatehealth.com](mailto:help@luminatehealth.com) if you need assistance. CompuNet is unable to provide verbal results to patients.

### I Do Not Have a Regular Doctor. Where Can I Find One?

If you do not have a doctor, we recommend the following resources to locate one:

**Premier Health Find a Doctor**  
(937) 684-4155 or 1-855-PREMIER  
[www.premierhealth.com/findadoc](http://www.premierhealth.com/findadoc)

**WebMD Care**  
[www.doctor.webmd.com](http://www.doctor.webmd.com)

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CompuNet DIRECT is direct access, preventative testing intended for education purposes. A CompuNet DIRECT lab test result is not a medical diagnosis and is not intended as a form of medical advice. Only a physician can interpret lab test results and diagnose a medical condition or disease.

Because tests have not been ordered by a physician, third-party entities, including Medicare and Medicaid, will not reimburse for these tests.