



PROSTATE SCREEN (PSA)

About This Test

PSA (prostate-specific antigen) is a protein made by the cells of the prostate. The routine PSA test measures the amount of prostate-specific antigen in the blood. Rising or changing levels of PSA may be a sign of a prostate problem, perhaps as serious as cancer. According to the American Urological Association, prostate cancer is the third leading cause of cancer death among men in the U.S. Prostate cancer may be effectively treated if detected early. For the most accurate results, a PSA blood test should be combined with a physical exam by a doctor.

What Should I Do With My Results?

It is always recommended that you meet with a doctor to determine what your laboratory results mean to you. Your doctor will review all of your test results and, combined with your health history, he or she will be able to provide an accurate picture of your health status.

If your results are within normal range, you should consult with your physician for their recommendations on when you should be tested again. The American Cancer Society suggests men who are not at risk for prostate cancer should begin annual testing at age 50. African American men and men who are at greater risk for prostate cancer (those with a close relative who has had prostate cancer) should begin annual testing at age 45. Your physician is best suited to advise you on a timetable for all screening tests.

If your results are abnormal or out-of-range it may indicate the presence of prostate cancer. Please note that PSA levels increase with age even in cancer-free men, and an elevated PSA level does not necessarily mean cancer. It is important to share your PSA results with your physician so that your results can be further investigated. Generally, the results from a PSA blood test and a digital rectal exam (DRE) along with your age are considered when estimating the level of risk for prostate cancer. As with any abnormal results, it is important that you discuss their implications with your physician.

Test Information

CompuNet's Prostate Screen (PSA) testing methodology is immunoassay.



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How Do I Obtain My Results?

Results are available through our online patient portal, My Labs NowSM. Visit www.compunetlab.com to sign in or setup an account. Or text MYLABS to 66349. Follow The signup link in the text message you receive.

Please be sure your name exactly matches the name on your lab test order. Contact help@luminatehealth.com if you need assistance. CompuNet is unable to provide verbal results to patients.

I Do Not Have a Regular Doctor. Where Can I Find One?

If you do not have a doctor, we recommend the following resources to locate one:

Premier Health Find a Doctor

(937) 684-4155 or 1-855-PREMIER

www.premierhealth.com/findadoc

WebMD Care

www.doctor.webmd.com

CompuNet DIRECT is direct access, preventative testing intended for education purposes. A CompuNet DIRECT lab test result is not a medical diagnosis and is not intended as a form of medical advice. Only a physician can interpret lab test results and diagnose a medical condition or disease.

Because tests have not been ordered by a physician, third-party entities, including Medicare and Medicaid, will not reimburse for these tests.