

### **About This Test**

The Rubella Virus IgG Antibody test, also called an Immune Status test, is used to detect the presence of antibodies to the rubella virus.

- If antibodies are detected (Immune) – you are most likely protected from getting rubella
- If antibodies are NOT detected (Non-immune) –you could potentially get rubella.

Rubella (also known as German Measles or 3-Day Measles) is common throughout the world, with the exception of the United States and other developed countries. Since the rubella vaccine was introduced in the late 1960s, rubella has virtually been eliminated in the US and developed countries.

Symptoms of rubella include fever and rash. In adults, rubella symptoms are more severe than in children and there is a greater risk of serious complications. The most serious complication occurs when a pregnant woman gets the disease. The fetus is at greater risk for cataracts, mental retardations, deafness, and even death. Pregnant women should be routinely tested for rubella immunity early in their pregnancy.

After having rubella or after getting the rubella vaccine, your body produces proteins called antibodies. These antibodies will protect you from future rubella infections.

### **What Should I Do With My Results?**

It is always recommended that you meet with a doctor to determine what your laboratory test results mean to you. Your doctor will review all of your test results and, combined with your health history, he or she will be able to provide an accurate picture of your health status.

**If your result was IMMUNE:** An immune result means that rubella antibodies were detected, and you are most likely protected from future rubella infections.

**If your result was NON-IMMUNE:** A nonimmune result means no rubella antibodies were detected. This means there are not enough antibodies to protect you from rubella. If exposed to someone who has rubella, you may be at risk of getting the disease. Since antibody levels may decrease over time, it is possible to get this result even if you have previously had rubella or have taken the rubella vaccine. Consult your doctor to determine if a vaccine would be appropriate for you.

**If your result was EQUIVOCAL:** Your result is in between a definitive positive (Immune) and a definitive negative (Non-immune). It means we could not determine if you are immune to rubella. Consult your doctor to see if a vaccine would be appropriate for you.



## RUBELLA ANTIBODY

### **How Do I Obtain My Results?**

Results are available through our online patient portal, My Labs Now<sup>SM</sup>. Visit [www.compunetlab.com](http://www.compunetlab.com) to sign in or setup an account. Or text MYLABS to 66349. Follow The signup link in the text message you receive. Please be sure your name exactly matches the name on your lab test order. Contact [help@luminatehealth.com](mailto:help@luminatehealth.com) if you need assistance. CompuNet is unable to provide verbal results to patients.

### **I Do Not Have a Regular Doctor. Where Can I Find One?**

If you do not have a doctor, we recommend the following resources to locate one:

**Premier Health Find a Doctor**  
(937) 684-4155 or 1-855-PREMIER  
[www.premierhealth.com/findadoc](http://www.premierhealth.com/findadoc)

**WebMD Care**  
[www.doctor.webmd.com](http://www.doctor.webmd.com)

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CompuNet DIRECT is direct access, preventative testing intended for education purposes. A CompuNet DIRECT lab test result is not a medical diagnosis and is not intended as a form of medical advice. Only a physician can interpret lab test results and diagnose a medical condition or disease.

Because tests have not been ordered by a physician, third-party entities, including Medicare and Medicaid, will not reimburse for these tests.