



TOTAL CHOLESTEROL

About This Test

A total cholesterol test is used to estimate risk of developing disease; specifically heart disease. Because high blood cholesterol has been associated with hardening of the arteries (atherosclerosis), heart disease, and a raised risk of death from heart attacks, cholesterol testing is considered an important part of preventive health care.

What Should I Do With My Results?

It is always recommended that you meet with a doctor to determine what your laboratory test results mean to you. Your doctor will review all of your test results and, combined with your health history, will be able to provide an accurate picture of your health status.

If any of your results were abnormal or out-of-range:

If your results are borderline (200-239 mg/dl), you are at moderate risk. You may need a lipid profile lab test to see if your high cholesterol is due to the amount of bad cholesterol (LDLs) or good cholesterol (HDLs) in your blood. Depending on the results of the lipid profile (and any other risk factors you may have), your doctor will decide what to do. You are at even greater risk if your cholesterol level is greater than 239 mg/dl. Your doctor may order a lipid profile (as well as other tests) to try to determine the cause of your high cholesterol. Once the cause is known, an appropriate treatment will be prescribed.

If your results were within normal range:

A cholesterol below 200 mg/dl is considered desirable and means you have a lower risk of heart disease. It is important to discuss with your doctor how often you should have your cholesterol levels tested.

How Do I Obtain My Results?

Results are available through our online patient portal, My Labs NowSM. Visit www.compunetlab.com to sign in or setup an account. Or text MYLABS to 66349. Follow The signup link in the text message you receive. Please be sure your name exactly matches the name on your lab test order. Contact help@luminatehealth.com if you need assistance. CompuNet is unable to provide verbal results to patients.

I Do Not Have a Regular Doctor. Where Can I Find One?

If you do not have a doctor, we recommend the following resources to locate one:

Premier Health Find a Doctor

(937) 684-4155 or 1-855-PREMIER
www.premierhealth.com/findadoc

WebMD Care

www.doctor.webmd.com

CompuNet DIRECT is direct access, preventative testing intended for education purposes. A CompuNet DIRECT lab test result is not a medical diagnosis and is not intended as a form of medical advice. Only a physician can interpret lab test results and diagnose a medical condition or disease.

Because tests have not been ordered by a physician, third-party entities, including Medicare and Medicaid, will not reimburse for these tests.